

Lung Function Assessments

Lung Function Assessments are an important part of a successful respiratory hazard management programme. They are generally completed with the Annual Monitoring Health checks of employees. The main aim of completing Lung Function Assessments is to identify individuals who may develop Occupational Asthma or other respiratory conditions associated with hazards in the work place.

Lung Function Assessments are completed using a spirometer and a respiratory questionnaire. The assessments are based on accepted best practice techniques for Lung Function testing.

Once assessments have been completed they are reviewed to identify any changes in respiratory function since baseline. If changes are detected OKHS will recommend a repeat and a more detailed Lung Function Assessment is completed.

The aim of testing is to:

- Monitor employees that are exposed to workplace respiratory hazards.
- Identify any respiratory conditions that may require medical assessment and / or treatment.
- To provide education on personal protective equipment.
- To promote and encourage compliance with wearing personal protective equipment.
- Refer staff on for medical assessment as appropriate.

Process: Time required: 15 - 20 minutes per person

- A respiratory questionnaire is completed.
- A spirometry assessment is completed.
- The results are discussed with the employee.
- Education is given to the employee as well as advice on the use of personal protective equipment.
- Referrals are made as necessary.